



My Home, My Choices Information Tool

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What is this tool?

- An information tool to help people when considering whether to stay in their current home, or to move
- Provides people with information and ideas to help them make an assessment of their needs and whether their current situation meets those needs
- Helps people identify the information they may need for making a decision
- The tool is interactive – the user decides how to use it
- The tool does not give the solution

What does the tool do?

- Helps to identify what's important about the home and living environment
- Describes a range of options
- Identifies some advantages and disadvantages of different options
- Helps comparison of different options
- Identifies what are the flexible and not so flexible choices, and why
- Allows you to work through at your own pace and to reflect
- Indicates where to get further information

We drew on the Research Findings

- People want to be actively involved in decision-making about their home-related needs
- Home-related decisions are complex:
 - Staying put or moving?
 - Do renovations or not?
 - What are the financial implications?
 - What are my future needs?
 - Could I manage with some help?
- Potential danger of jumping to the 'solution' before understanding the 'problem'

Thinking about the future

I've never thought about the sort of housing I would need when I'm old.

I get pressure from my friends and family, 'why do you want to stay there?'

We find it hard, the older you get, you get less confident to make decisions. Family is good if they are prodding you in the right way. One of the things we believe is most important is don't leave it too late, don't be in such of a state that you can't do your own organising. We've seen other people like that.

We drew on the Research Findings

- Information is in lots of places, but it's often confusing and not easy to source
- Householders are seeking information to help them stay in their own homes, as well as about moving options
- Sometimes information is sought on the basis of immediate need, not for long term planning
- Older people like to get information in certain ways and when they are ready
- Families as well as older people need information

Where's the information?

It's a minefield, you don't know where to get information.

We want to find out information before we are in the situation where we need it ... We asked where we could contact someone, she was very vague and not much up to speed with that query.

Many people think that to ask for information is a weakness, that it means you've failed. I think that's the single biggest thing stopping people asking for information.

We looked at overseas tools ...

Online Workbook x
<https://dl.dropboxusercontent.com/u/32820470/workbook.html>

Support and care at home

If you need some support to stay at home, there is a wide range of services available that can help you to remain living independently at home. You could have help with day to day tasks that you find difficult – such as cleaning, gardening or cooking- or personal and nursing care in your home.

If shopping is becoming difficult some charities have volunteers who can do your shopping – you just provide the list – or if you are confident you could try shopping on the internet. Some supermarkets deliver for only £1. You can also buy ‘meals on wheels’ if you prefer not to cook.

[click here to see a range of care & support services that may be available to you](#)



Paying for care at home

You will need to pay for services such as gardening or cleaning. Some Age UKs offer these services for a reasonable fee or have a trader/contractor list. Some HIAs also hold a directory of vetted and service providers.

For personal care such as help with dressing and washing, you to have an assessment through your local social services. Then a financial assessment which will determine how much you will contribute towards your care. You may be entitled to some which can help with these costs, so do seek advice and ask for an assessment. For further information ask your local council, First or Age UK for advice.

[click here for information on paying for care](#)

hoop.eac.org.uk

FirstStop
Advice for older people

Housing Options for Older People (HOOP)
Live safely and well at home

Click to MESSAGE an EAC Advisor

Home Start New Your Results About Help

Choose a topic below:
 Uncompleted
 Completed

1. Size & space
 2. Independence
 3. Cost (affordability)
 4. Condition of property
 5. Comfort & design
 6. Security & safety
 7. Location
 8. Managing
 9. Quality of life

Ask EAC for more advice

Welcome



How well does your home suit you?

Our questionnaire will help you think about different aspects of your home and how you live in it. You can either pick topics from the list on the left, or let us guide you through the whole questionnaire. At any stage, view our suggestions for tackling any concerns.

If you would like to speak to one of our Advisors, just [submit your questionnaire to us](#).

START NOW →

login to continue previous session | register to save your results

More Info

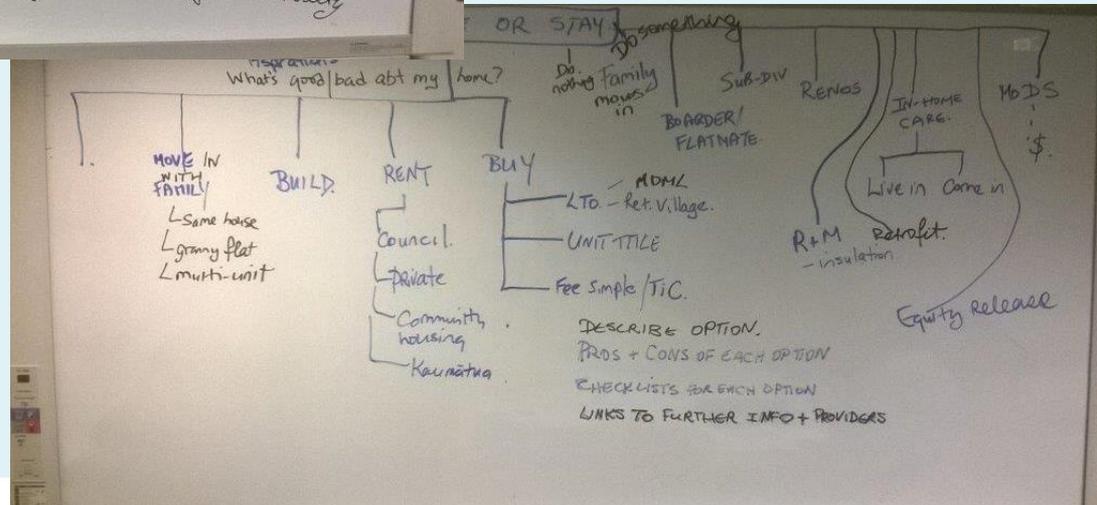
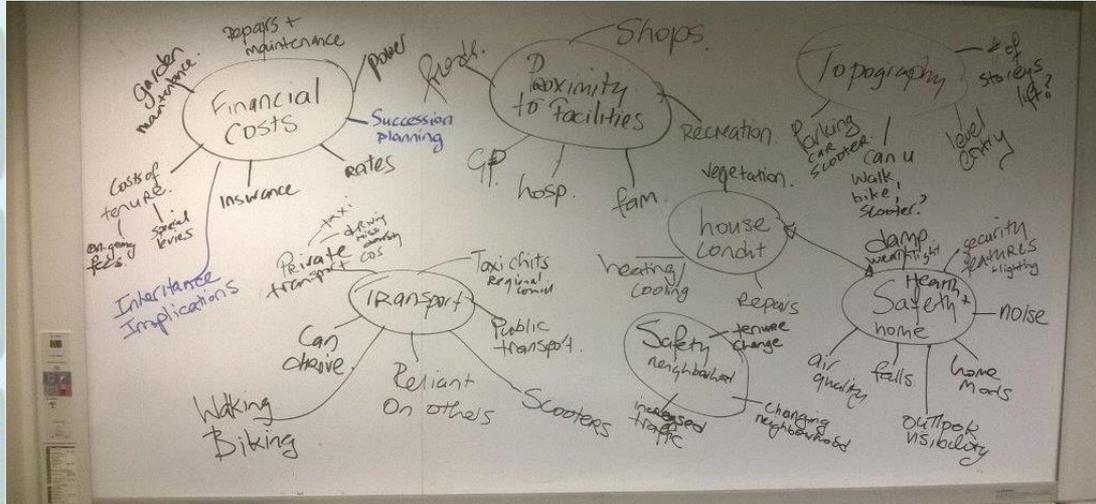
Step 1: Answer questions on as many topics as you choose. At any stage, go on to view our suggestions.

Step 2: Register or login to save or retrieve your answers and our suggestions.

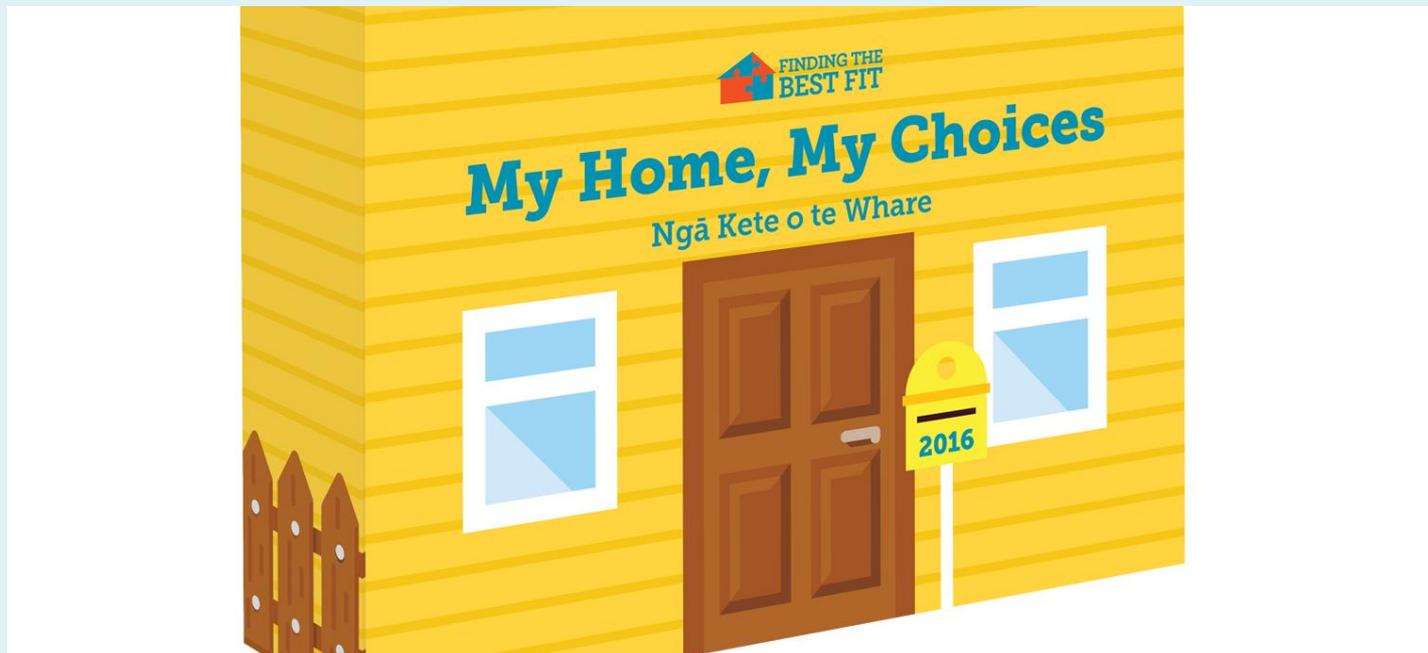
Step 3: If you choose, submit your questionnaire to us for advice from one of our skilled Advisors.

Help | Housing Options for Older People | About | Contact | Results
 © Elderly Accommodation Counsel, 3rd Floor, 89 Albert Embankment, London, SE1 7TP. Registered charity number 252552. Company number 1955490.

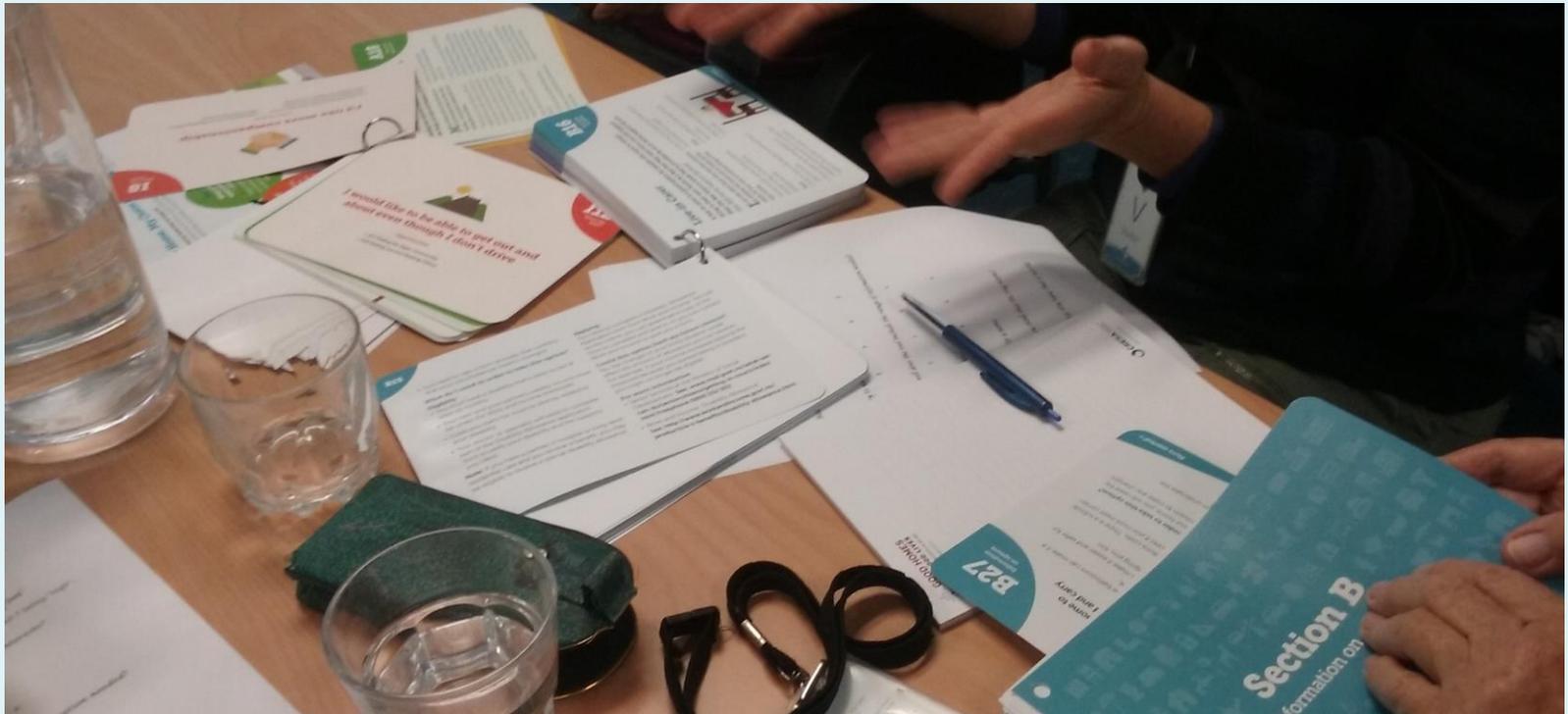
Did some brainstorming ...



And came up with this ...



Tested with over 100 people



Comments from the Tests

It's a clarifying tool, it makes you think about different parts of an issue, breaking it down, otherwise it would be too big.

Easy to navigate and well thought out.

This will alert us to the gaps in the system.

How come it's just for older people? Not only relevant to the older person, but to all ages.

The concept is good, but how do you get whānau engaged in this conversation? As I went through, I recognised more and more the importance of having the conversation, how you introduce the kaupapa.

How to use this tool

- Introduction booklet
- What's the issue? – i cards. These describe something of concern.
- What are the opportunities? – A cards. These cards set out options to consider.
- Information about each option – B cards
- More options – C cards
- You can go through these steps in order, or skip to any step along the way.